

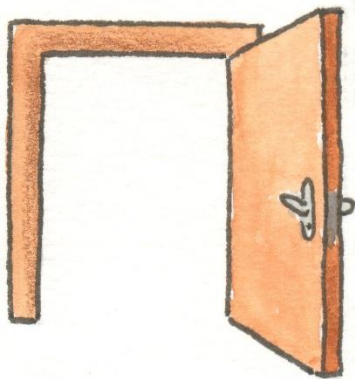
Support for mental health and wellbeing in doctoral studies

Dear doctoral students,

Are you interested in the topic of mental health in doctoral studies?

Do you have questions on this topic?

Do you know of mental health support services at your university?



On **6 December**, you will have the opportunity to attend an information event to which we have invited two psychologists (Jonathan Bär and Johanna Lubig). They are part of a network of Support.Points (low-threshold contact points for mental health and wellbeing, project website: fu-berlin.de/mentalwellbeing) that are currently being established within different departments of Freie Universität Berlin.

In the event, counselling and information services both within BerGSAS and at the Freie Universität Berlin and Humboldt-Universität will be presented. Also, basic information on the topic of mental health at the university will be provided.

This event will be held in English Language.

6 December 2022

2-3 pm

Freie Universität Berlin, Hittorfstraße 18 (lecture hall), 14195 Berlin

We cordially invite all students of the BerGSAS, BGSMCS, and GEAS to attend!